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GNRS 586

Professor Soikkeli

May 16, 2023

Teamwork and Collaboration – BSN Competency

Teamwork and collaboration are extremely important aspects in nursing that will be used during any type of nursing careers. Within nursing, teamwork and collaboration are defined as the effective and efficient combined action of a group of individuals that aim to produce or create a common purpose to achieve successful results. It is being able to function effectively within interprofessional teams by promoting open communication, mutual respect, and shared decision making in order to provide quality patient care. Creating an environment with great teamwork and collaboration skills will not only benefit the patients, but it will also create a positive work environment for nurses in order to progress through work knowing they are supported by their team.

Teamwork and collaboration is a competency I have grasped throughout my experiences in life. Since childhood, in school we are placed in groups to do activities or play games. We begin to learn to be team players by being placed in these situations and figuring out how to work with others in order to achieve a mutual goal. These skills follow through with us as we grow up and continue to do school group work or begin to be a part of school clubs and sports. I learned to be able to collaborate and be a team player through these opportunities growing up, but I have also begun to learn more as I continue to progress through nursing school. For example, we do a lot of group projects, so I have learned that it is important to know how to communicate with your team and be able to equally share the work in order to effectively

achieve our common goal of completing the assignment in a fair manner for all of us. It is also important to be respectful and understanding towards your team members, as well as being patient and helpful. We have to remember that we are a team, which means that we are all there to help one another but also ensure we are taking care of our portion of the job. I am glad I have had numerous opportunities throughout life that have taught me how to be a great team player and collaborate effectively.

During our 3rd semester of nursing school, we had to create a literature review paper for our Research/Theory class. This paper was a group project in which we had to work with our group throughout the entire semester. In order to collaborate effectively, we always split the assignments equally to ensure everyone had a part in completing the assignments. Although we all had our own parts to do, we still came together every week as a team to work on our parts together in case other members within our group needed help with their parts. It is important to be helpful in the group so that we all are able to understand and get through it together as a team. At times, I would be in charge of splitting the assignments equally, so I would always make sure to split it as equally as possible while doing this in the presence of my group so that they are in agreement with their parts. I always made sure that each and every member was okay with their portion of the assignments to make sure that they didn't feel like they were doing more than others because as a team, it is unfair for one to do more than the rest. I would also take the time to make sure that everyone knew I was there to help with whatever was needed. When I would finish my portions of the assignments and I would see others still not finished with theirs, I would always reach out in case they needed any help figuring out how to finish up their part. I am glad I was with members who would equally do their parts so that we all finished our entire paper with effective and efficient teamwork and collaboration.



This certificate is awarded to

Anabel Ramos

for participating in the

PS 104: Teamwork and Communication

This continuing education activity carries 1.25 Contact Hours.

In support of improving patient care, the Institute for Healthcare Improvement is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

June 11, 2023 - June 11, 2023 | Online



A handwritten signature in black ink, appearing to read 'Kedar S. Mate'.

Kedar S. Mate, MD
President and CEO
Institute for Healthcare Improvement